

## The Gabriel Foundation

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### Safe House and Outdoor Plants

*Note: Nothing is safe if toxic chemicals or insecticides have been sprayed on them. Before installing them in any cage, scrub all branches with a non-toxic disinfectant (such as diluted chlorine bleach) then rinse and dry well.*

Acacia Aloe  
African Violet  
Baby's Tears  
Bamboo  
Begonia  
Bougainvillea  
Chickweed  
Christmas Cactus  
Cissus/Kangaroo Vine  
Coffee  
Coleus  
Corn Plant  
Crabapple  
Dandelion  
Dogwood  
Donkey Tail  
Dracaena Varieties  
Ferns (asparagus, birdnest, boston, maidenhair)  
Figs (creeping, rubber, fiddle leaf)  
Figs (laurel leaf)  
Gardenia  
Grape Ivy  
Hen's and Chickens  
Herbs (ex oregano, rosemary, thyme)  
Jade Plant  
Kalanchoe  
Marigold  
Monkey Plant  
Mother-in-Law's Tongue  
Nasturtium  
Natal Plum  
Peperomia  
Petunia  
Pittosporum  
Prayer Plant  
Purple Passion/Velvet Nettle  
Schefflera (Umbrella) Sensitive Plant  
Spider Plant  
Swedish Ivy  
Thistle  
Wandering Jew  
White Clover  
Zebra Plant

### Trees and Bushes

**Source: Gillian Willis**

Apple  
Arbutus  
Ash  
Aspen  
Beech  
Birch  
Citrus (any)  
Cottonwood  
Crabapple  
Dogwood  
Elm  
Eucalyptus  
Fir  
Guava  
Hawthorn  
Larch  
Madrona  
Magnolia  
Manzanita  
Norfolk Island Pine  
Nuts (except chestnut and oak)  
Palms (areca, date, fan, lady, parlour)  
Palms (howeia, kentia, phoenix, sago)  
Pear  
Pine  
Poplar  
Sequoia (Redwood)  
Willow

#### **Myths: Apple Seeds**

Apple belongs to the Malus species. Apple SEEDS contain cyanogenic glycosides which release cyanide when ingested. It is not necessary to core apples before giving them to your birds. The small amount of cyanide that would be released from ingesting a few seeds is very unlikely to cause cyanide toxicity in birds. If they were to ingest a large number, cyanide poisoning could occur.

All other parts of the apple including the wood, is nontoxic. Apple branches are safe to use as natural wood perches.

All parts of plants/trees belonging to the Prunus species, with the EXCEPTION of the fruit itself, contain cyanogenic glycosides. This includes apricot, peach, nectarine, plum and cherry. The kernels inside these fruits should not be fed to birds, nor the wood used for perches.